

### Contact Information

Jonathan Button can be contacted at [j.button@bigpond.com](mailto:j.button@bigpond.com)

Jonathan is available in the event of emergencies at any time, but other than that would appreciate not getting calls on Wednesdays, where possible, as this is his day off.

Church phone number: 8251 4298

Editor can be contacted at [ctwstokes@bigpond.com](mailto:ctwstokes@bigpond.com)

### Maintenance Programme

Reminder that you will find the blue envelopes on the table at the back of the church and in the hall, if you would like to contribute towards the ongoing cost of maintaining our church.

### Have you considered E-giving?

Envelopes with an "E" on the front, prayer requests or thanks can be placed in the offering bags on a Sunday morning. \*\* Payments can now be made by EFTPOS on Sunday.

### Today

Leader— Kathryn

Preacher— Jonathan

Reader— Peter

Welcome— Lila

Manager—Neil

Musician —Brunetta

Technical Crew— John, James, Ralph

Editing—Jonathan(Video)

Morning Tea—Katherine, Ailsa(?)

### Next Week

Leader— Jonathan(am) and(pm)

Preacher— Jonathan

Reader— Brunetta

Welcome— Lucinda

Manager—Ray

Musician —Brunetta

Technical Crew— Ruan, Rykhardt (am), Ralph (am and pm)

Editing—Lucinda (audio)

Morning Tea—David and Linda Mapp

## The Weekly Word

Sunday 4th August 2024



### Golden Grove Uniting Church Mission Statement

We are a Gospel-driven, connected, generous church family, mission-minded and outwardly focused.

### Today

Preacher—Jonathan

Reader—Peter

Theme—How To Be Strong

Reading : Ephesians 6:14-24

### **BE STRONG**

After a 'nervous' semi-final run, Australian flag-bearer Jessica Fox only qualified for the K-1 women's slalom finals in eighth place. I imagined the final instruction of Jessica Fox's coach (her mother) before the final. Did the coach say, "Be strong"?

In a breathtaking performance, Jessica delivered a staggering 96.08 run to claim her first gold medal of the current Olympic Games in Paris. In Ephesians, the apostle Paul expounds on some great doctrinal truths—essentially, the riches we have inherited through faith in Jesus Christ. In conclusion, he warns that our spiritual blessings will be tested by the "tricks of the Devil." Therefore, we are to be strong with the Lord's mighty power.

Paul then, perhaps drawing from Isaiah in the Old Testament, warns that we need to be armed for spiritual attacks. Imagine a warrior preparing for battle. We must depend on God's strength and use every piece of His armour to withstand these attacks.

Just as a warrior's armour makes him strong and prepared for battle, the spiritual armour described in Ephesians 6:14-24 equips us to be strong daily. By embracing truth, righteousness, peace, faith, salvation, the Word of God, and constant prayer, we are fortified against life's challenges. True strength comes from being fully equipped with these spiritual tools.

Be strong; you are competing and going for gold.

**Rev Gordon Crabb**

Who this week has had **Happy** moments? That's good, there's an opportunity to **Praise God**.

Who this week has had **Difficult** moments? That's good, there's an opportunity to **Seek God**.

Who this week has had **Quiet** moments? That's good. There's an opportunity to **Worship God**.

Who this week has had **Painful** moments? That's good. There's an opportunity to **Trust God**.



So **every moment, Thank God!**

Contributed by Barry



### Community Breakfast

**Date :** 24th August    **Cost :** \$10 per head

**Time :** 8:30 for 9:00 am

**Venue :** Golden Grove Uniting Church Hall

**Guest Speaker** —Garry Rodgers - Head Chef @ Govt. House

**Please RSVP by 16th August: David Mapp 0448 755 806**

Dear Heavenly Father,



I pray that you keep your hand on our Olympians in their sporting endeavors. Keep them from harm's way. Shield them from injury and strengthen their bodies to endure higher performances. I pray that they play fair and strong and remember to thank you when the victory is theirs. Their abilities are a blessing from you God. Their talent is to glorify your great will.

Amen

Girls of God's Heart

If you have any announcements or interesting items for our newsletter, please feel free to send them to me at: [ctwstokes@bigpond.com](mailto:ctwstokes@bigpond.com)



# Olympic Word Search

A	T	G	Y	M	N	A	S	T	I	C	S	I	J
G	F	E	Q	U	E	S	T	R	I	A	N	B	A
B	O	T	R	I	A	T	H	L	O	N	A	A	G
W	O	O	D	U	J	Z	I	F	A	V	A	S	O
E	T	B	A	S	E	B	A	L	L	B	S	K	L
I	B	R	R	G	W	R	E	S	T	L	E	E	D
G	A	O	E	B	N	G	O	L	F	B	Y	T	E
H	L	W	V	O	O	I	O	N	E	T	E	B	K
T	L	I	L	X	K	E	C	H	E	S	K	A	I
S	Y	N	I	I	Z	U	L	N	E	U	C	L	B
A	B	G	S	N	C	A	N	O	E	R	O	L	D
T	G	S	T	G	I	I	I	R	A	F	H	N	I
B	U	R	M	K	S	I	E	N	I	W	L	G	V
T	R	K	A	R	A	T	E	B	R	O	N	Z	E

GOLF  
BIKE  
FOOTBALL  
BASKETBALL  
SILVER  
TENNIS  
GYMNASTICS  
TRIATHLON  
WRESTLE  
RUGBY  
KARATE  
BRONZE  
BOXING  
WEIGHTS  
BASEBALL  
JUDO  
GOLD  
HOCKEY  
SURF  
EQUESTRIAN  
CANOE  
ROWING  
DIVE  
FENCING

### Important Dates

Youth 3:16 **Friday 9th August Comedy Night** 6:15 to 8:15

Estia Worship Service - **Monday 19th August**

Church Council Meeting - **Tuesday 20th August** 7:00pm